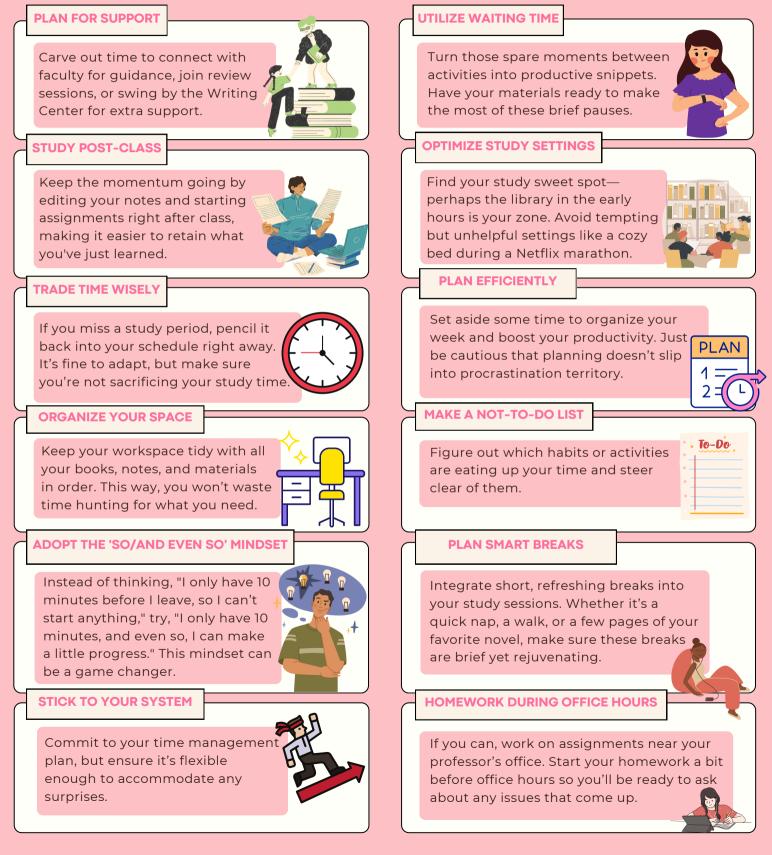


## TIME MANAGEMENT STRATEGIES



In college, you'll find that you have more freedom to shape your schedule, making it important to manage your time well. Deciding how to balance classes, activities, and study sessions can be tricky, but there are many strategies to help you use your time effectively. To get started, consider meeting one-on-one with an Office of Academic Resources (OAR) Academic Coach. They can help you tailor a plan that fits your needs and goals!



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