

ENHANCING RECALL

Feeling overwhelmed by exam material? Enhance your recall with these various strategies! Find what suits you best and consider attending an OAR workshop or consulting with OAR staff for a personalized learning plan.

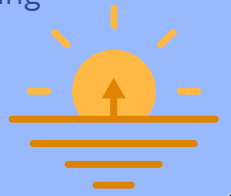
SET SPECIFIC GOALS

Set specific, actionable goals for your study sessions. For example, plan to "review chemistry formulas in chapter 5 from 3-4pm on Sunday" instead of just "study chemistry over the weekend."



START EARLY

Begin reviewing for exams well in advance. Regularly spend 15-20 minutes per course each week going over notes to improve retention.



BE SELECTIVE

Understand the exam format and focus your study time on areas you haven't mastered yet, avoiding unnecessary review of familiar topics.



IDENTIFY YOUR LEARNING STYLE

Reflect on successful past study methods and adapt techniques that suit you best, whether visual aids or verbal repetition, tailored to each course.



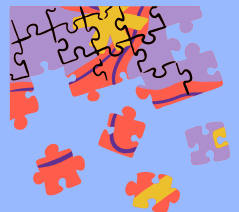
ACCOUNTABILITY MATTERS

Study regularly with friends or classmates who will hold you accountable. Balance group study with solo sessions to allow time for self-assessment and ensure you're truly grasping the material.



MAKE CONNECTIONS

Link concepts across different weeks and see how they relate to the overall course. Stronger connections between ideas will enhance your memory retention.



CONSISTENT REVIEW

Regular review is key to memory retention. Use diverse methods like mind maps, charts, audio notes, and problem sets to reinforce learning and improve recall.

